

Women's Rugby Skills Camp



Hosted by the Atlanta Harlequins

Sat. January 14, 2012 | 10am to 2pm
Coan Middle School | 1550 Hosea L. Williams Dr.

Geared toward both collegiate women's clubs and other ladies in the south who may be new to the sport who want to get some technical skills instruction. All are welcome to attend!

Cost: \$5 per participant (cash or check made payable to AHWRFC)

Harlequins will provide water, ice, and Gatorade.

Schedule for the day:

10am–Noon: Technical skills stations
(Please be booted up @ 10am)

Noon–1pm: Lunch
(Either off campus or you can bring lunches)

1pm–2pm: Light scrimmage

Please remember to bring:

Mouth guards

Kit

(cleats, rugby shorts and a jersey if you have one or shirt you don't mind getting ripped)

A water bottle

Any other things you might need for the day

Cold weather gear if you have it

Please visit www.atlantaharlequins.com for a map and directions.
Questions? Please email atlantaharlequins@gmail.com.